

# Cornell Center for Health Equity

## HEALTH EQUITY *Seminar Series*

**FRIDAY, November 5, 2021 | 12:30 PM - 1:30 PM**

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**"Recognizing and Addressing Structural Violence in Nutrition: Applying a Liberation Research Lens to Dietary Outcomes in Black Americans Across the Life Course"**

**TALK ABSTRACT:**

The substantial health and social burden associated with poor nutrition in Black Americans is well documented. Historically, nutrition researchers have focused considerable attention on individual drivers of dietary behaviors. However, in the last decade, there is growing recognition about the importance of the social and structural determinants of health in shaping eating patterns and feeding practices at the individual/family level.



This presentation will examine nutrition and dietary outcomes in Black Americans through the lens of structural violence, “a form of violence wherein social structures or social institutions harm people by preventing them from meeting their basic needs”, and advocate for the application of research paradigms that promote community resilience, liberation, and justice.

**ABOUT THE SPEAKER:**

**[Angela Odoms-Young, PhD](#)** (she/her/hers) is an Associate Professor and Director of the Food and Nutrition Education in Communities Program (FNEC) and New York State Expanded Food and Nutrition Education Program (EFNEP). In 2021 she joined the Cornell faculty after spending 13 years at the University of Illinois at Chicago in the Department of Kinesiology and Nutrition.

Dr. Odoms-Young’s research explores the social and structural determinants of dietary behaviors and related health outcomes in low-income populations and black, Indigenous, and people of color. Her work also centers on developing culturally responsive programs and policies that promote health equity, food justice, and community resilience.

She has served on numerous advisory committees and boards, including the National Academies of Sciences, Engineering, and Medicine (NASEM) Food and Nutrition Board and committees to develop the nutrition standards for the National School Lunch Program/School Breakfast Program and to revise the food packages provided in the Supplemental Program for Women, Infants, and Children (WIC). She has also been the recipient of awards including the Mary C. Egan and Excellence in Dietary Guidance Award from the American Public Health Association Food and Nutrition Section and the Excalibur Award for Teaching Excellence in the College of Applied Health Sciences, University of Illinois at Chicago.